

2024-25 Enrichment and CCAs

Welcome to the CCAs and Enrichment Booklet, where you can find out about all the fantastic opportunities available at Wellington. A well-rounded child is a successful one and our balanced curriculum ensures that all pupils take part in a range of age-appropriate activities. As well as a comprehensive academic program, all children are kept active through physical education lessons and outdoor learning. The arts are well represented in the timetable with all children doing art, drama and music with specialist teachers. We have everything covered in our core curriculum and you should not look to the co-curriculum to add 'extra lessons'. For children of all ages, it is worth thinking about university and job applications; what will make them interesting and stand out from the crowd?

We divide our CCAs into 4 broad categories:

Sports Arts

Insight: including humanities/social sciences/culture

Innovate: STEM and related fields

We recommend a good balance of co-curricular activities and, whilst everyone's circumstances are different, it would be beneficial for children to do something from each category over the course of the year.

None of the activities are first come first served. You will need to put 4 CCAs on each day in order of preference. We can't guarantee that you will get the first choice, and our algorithms will auto select for popular CCAs. If you don't get your first choice this term, you hopefully will before the end of the school year. CCAs are optional for years 3-13, and we understand that on some days children may take advantage of the many enriching opportunities that Shanghai has to offer.

The co-curricular activities that we offer have been designed to complement your child's academic learning. I would encourage you to not overload them with activities after school and allow them time to just 'be' children; this is important for their overall development. If you are unsure about the right balance, I would encourage you to discuss this with your child's class teacher in the first instance as they have the best overview.

We have also included a section for 'Affiliated CCAs' in this booklet. These are activities organized by external providers, not Wellington, that take place off campus. They are activities which are popular with Wellington parents, and we have an affiliation with them. You can sign up directly with the providers by using the QR codes, not via Edu 365. These providers can take your children directly to the activity at 3:15pm and you only need to pick them up afterwards.

There is also a wealth of activities happening on campus outside of school hours as part of Wellington Extra. Like Affiliated CCAs, you can sign up directly with the vendors via the QRcodes at the end of this booklet and not via Edu 365.

Dr Paul Tkachenko

Director of CCAs and Enrichment

HOW TO SIGN UP

Part I: Account Activation and Forgotten Password

Account Activation (New users)

Step 1: Activation email

You will receive an account activation from "Wellington College SchoolsBuddy".

If you haven't received the system email, please email enrichment.shanghai@wellingtoncollege.cn.

Once you received the email, please click the activation link in the email to set up for password.

Step 2: Set up for Password

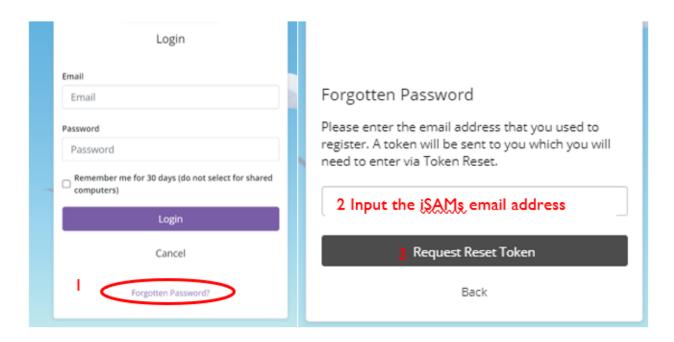
Please use the iSAMs email address as the user name.



^{**} Password must include all elements below to ensure security – Length(min 6), Lowercase(a-z), Uppercase(A-Z), Digit(0-9), Special(!£ \$%^&*()#-)

Forgotten Password (Previous users)

You will receive a password reset email from the SchoolsBuddy system or you may click "forgotten Password?" to reset your password.



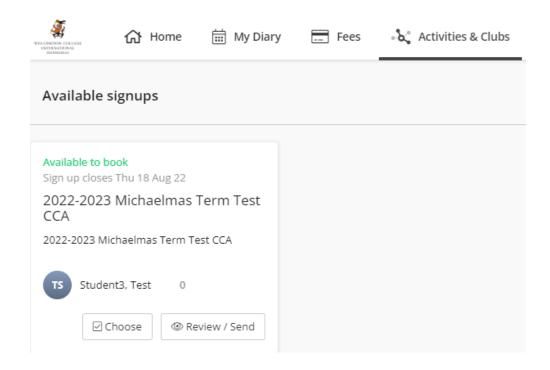
** Password must include all elements below to ensure security – Length(min 6), Lowercase(a-z), Uppercase(A-Z), Digit(0-9), Special(!£ \$%^&*()#-)



** For your reference, your password might be expired if you haven't login the system for 28 days.

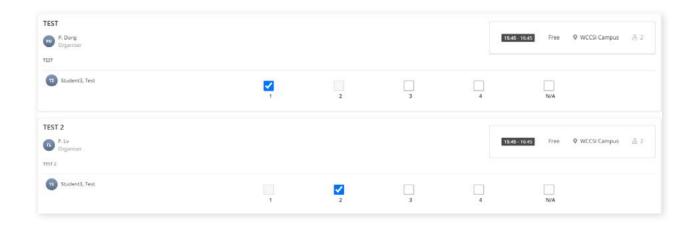
Part II: CCA activity Selection

Step 1: Find the entrance of available signups > Click "Choose"



Step 2: Select the CCA activities

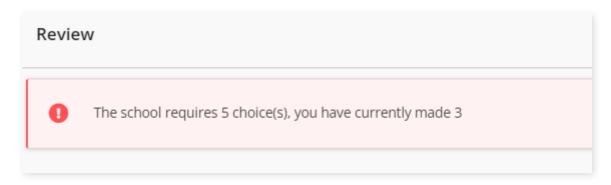
Each pupil can choose four preferences each day. The number does not represent the ranking of preference.



If you would like to change your preference, please tick "N/A" for one of your selected activities and reselect another activity. If you wish not to attend a CCA on a specific day, please select "NO CCA" for all your options on that day.

Step 3: Submit your choices

The system has been set up for a compulsory number of choices for submission. Please make sure you have made all the choices. The system will show as below to remind you if the number of activities you have chosen does not meet the system requirements.



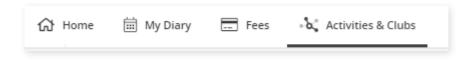
If you have completed selecting all your choices as required, please click next and review all your selections. Once you have confirmed your selection, click "Next" > "Submit to school".

Part III: CCA Selection Amendments

During the selection period, parents/pupils are able to make amendments and re-submit their selections.

How to make amendments to your selections:

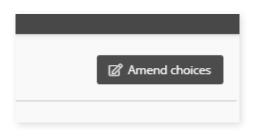
Step 1: Enter "Activities & Clubs"

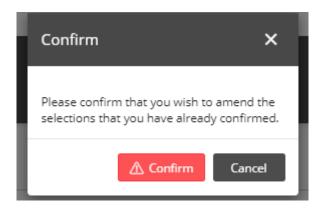


Step 2: "Review /Choose" the selections in the related container



Step 3: Click "Amend Choices" and "Confirm" in the pop-up window.





- **Step 4:** There will be a "Choose" function under the container once you confirm to amend your selections.
- **Step 5:** Unselect your previous selections (by clicking N/A) and re-select another activity.
- **Step 6:** After the re-selection, click" Next" and "Submit to School"

Lower Primary

Arts and crafts (modelling) (Y1-2) Arts and crafts (painting) (Y1-2) Arts and crafts (extities) (Y1-2) Ballet (Y1-2) Ballet (Y1-2) Ballet (Y1-2) Ballet (Y1-2) Ballet (Y1-2) Chinese Arts and Crafts (Y1-2) Chinese Story Cub (Y1-2) Cooking (Cold Kitchen) (Y1-2) Doctors and nurses (Y1-2) Experimentalists (Y1-2) Football (Y1-2) Golf for Beginners (Y1-2) Solution Solotion Solotion (Y1-2) Solution Solotion Solotion (Y1-2) Solution Solotion Solotion (Y1-2) Solution Solotion (Y1-2) Arthretive days might be possible) Football (Y1-3) Football		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Arts and crafts (pointing) (Y1-2) Arts and crafts (textiles) (Y1-2) Ballet (Y1-2) Benchball (Y1-2) Benchball (Y1-2) Chinese Arts and Crafts (Y1-2) Chinese Arts and Crafts (Y1-2) Chinese Story (Xib. (Y1-2) Cooking (Cold Kitchen) (Y1-2) Dectors and nurses (Y1-2) Experimentalists (Y1-2) Superimentalists (Y1-2) Solution Society (Y1-2) Story telling (Y1-2) Solution Society (Y1-3) Solition (Y1-4) Archery Archery Solition (Y1-4) Archery Fancing (Y1-13) Football (Y1-00-18:30 Football (Y1-00-18			Arts and crafts (modelling) (Y1-2)					
Arts and crafts (textilies) (Y1-2) Bolliet (Y1-2) Benchball (Y1-2) Chinese Arts and Crafts (Y1-2) Chinese Arts and Crafts (Y1-2) Chinese Story Club (Y1-2) Cocking (Codd Kitchen) (Y1-2) Dectors and nurses (Y1-2) Experimentalists (Y1-2) Frontball (Y1-2) Golf for Beginnens (Y1-2) But issue (farcellien) (Y1-2) Solution Society (Y1-2) Story telling (Y1-3) Story telling								
Ballet (Y1-2) Benchball (Y1-2) Chinese Arts and Crafts (Y1-2) Chinese Arts and Crafts (Y1-2) Chinese Arts and Crafts (Y1-2) Cooking (Cold Kitchen) (Y1-2) Cooking (Y1-2) Cook			Arts and crafts (painting) (Y1-2)					
Senchball (Y1-2) Chinese Arts and Crafts (Y1-2) Chinese Arts and Crafts (Y1-2) Chinese Story Club (Y1-2) Cooking Cook (Kitchen) (Y1-2) Cooking Cook (Kitchen) (Y1-2) Doctors and nurses (Y1-2) Experimentalists (Y1-2) Experimentalists (Y1-2) Football (Y1-2) Golf (W1-2) Golf			Arts and crafts (textiles) (Y1-2)					
Chinese Arts and Crafts (YI-2) Chinese Story Club (YI-2) Chinese Story Club (YI-2) Cooking (Cold Kitchen) (YI-2) Cooking (YI-2)			Ballet (Y1-2)					
Chinese Story Club (Y1-2) Cooking (Cold Kitchen) (Y1-2) Doctors and nurses (Y1-2) Experimentalists (Y1-2) Experimentalists (Y1-2) Experimentalists (Y1-2) Solution Society (Y1-2) Solution Society (Y1-2) Solution Society (Y1-2) Solution Society (Y1-2) Story telling (Y1-2) Solution Society (Y1-2) Story telling (Y1-2) Solution Society (Y1-2) Tennis Foundations (Rocket Games) (Y1-2)			Benchball (Y1-2)					
Cooking (Cold Kitchen) (Y1-2) Doctors and nurses (Y1-2) Experimentalists (Y1-2) Experimentalists (Y1-2) Experimentalists (Y1-2) Football (Y1-2) Ju Jitsu (Brazilian) (Y1-2) Ju Jitsu (Brazilian) (Y1-2) Solution Society (Y1-2) Stary telling (Y1-2) Stary te			Chinese Arts and Crafts (Y1-2)					
Doctors and nurses (Y1-2) Experimentalists (Y1-1) Experimentalists (Y1-2) Experimentalis			Chinese Story Club (Y1-2)					
Doctors and nurses (Y1-2)			Cooking (Cold Kitchen) (Y1-2)					
Football (Y1-2) Golf for Beginners (Y1-2) Ju litsu (Brazilian) (Y1-2) Solution Society (Y1-2) Solution Society (Y1-2) Story telling (Y1-2) Story telling (Y1-2) Story telling (Y1-2) Story telling (Y1-2) Swimming - Learn to swim (Y1-2) Tennis Foundations (Racket Games) (Y1-2) Fennis (Y1-2) Fennis (Y1-3) Football (Y1-3) Fo	CCA 2.15-3.05pm		Doctors and nurses (Y1-2)					
Golf for Beginners (Y1-2) Ju Jitsu (Brazilian) (Y1-2) Solution Society (Y1-2) Solution Society (Y1-2) Story telling (Y1-2) Story telling (Y1-2) Story telling (Y1-2) Swimming outdations (Rocket Games) (Y1-2) Tennis Foundations (Rocket Games) (Y1-2) Tennis (Y1-3) Tennis (Y1-			Experimentalists (Y1-2)					
Ju Jitsu (Brazilian) (Y1-2) Solution Society (Y1-2) Story telling (Y1-2) Story telling (Y1-2) Story telling (Y1-2) Story telling (Y1-2) Tennis Foundations (Racket games) (Y1-13) Tennis Foundations (Y1-13) Tennis Foundations (Y1-13) Tennis Foundations (Y1-13			Football (Y1-2)					
Solution Society (Y1-2) Story telling (Y1-2) Story telling (Y1-2) Story telling (Y1-2) Story telling (Y1-2) Swimming - Learn to swim (Y1-2) Tennis Foundations (Racket Games) (Y1-2) Tennis (Y1-3) Tennis (Y1-3) Tennis (Y1-13) Tenn			Golf for Beginners (Y1-2)					
Story telling (Y1-2) Swimming - Learn to swim (Y1-2) Tennis Foundations (Racket games) (Y1-3) Tennis Foundations (Racket games) (Y1-3) Tennis (Y1-13) Ten			Ju Jitsu (Brazilian) (Y1-2)					
Swimming - Learn to swim (Y1-2) Tennis Foundations (Racket Games) (Y1-2)			Solution Society (Y1-2)					
Tennis Foundations (Racket Games) (Y1-2)			Story telling (Y1-2)					
Games) (Y1-2) Mini Sinfonia (Y1-6)			Swimming - Learn to swim (Y1-2)					
Affiliated CCA (alternative days might be possible) Football 17:00-18:30 Football 17:00-18:30 Football 17:00-18:30 Football 17:00-18:00 Football 17:								
Affiliated CCA (alternative days might be possible) Fencing (Y1-13) Football 17:00-18:30 Football 17:00-18:30 Foreign Language (Spanish & French) 17:00-18:00 Foreign Language (Spanish & French) 17:00-18:00 Frazilian Ju Jitsu 17:00-20:00 Wellington Extra			Mini Sinfonia (Y1-6)					
(alternative days might be possible) Fencing (Y1-13) Football 17:00-18:30 Football 17:00-18:		Horse Riding (Y1-13)	Archery	Skiing (Y1-13)	Golf (Y1-13)			
Rock Climbing (Y1-13) Rock		Skiing (Y1-13)	Karting (around 130 cm height)	Fencing (Y1-13)	Horse Riding (Y1-13)			
Football 17:00-18:30 Football 15:20- Football 17:00-18:30 Football 17:00		Fencing (Y1-13)						
Football 17:00-18:30 Football								
Foreign Language (Spanish & French) 17:00-18:00 Brazilian Ju Jitsu 17:00-20:00 Wellington Extra Foreign Language (Spanish & French) 17:00-18:00 Foreign Language (Spanish & French) 17:00-18:00 Volleyball U11&U14 (16.45-18.00) Foreign Language (Course (Y1-11) 10:15-12:30 Volleyball Tennis (Y2-10) 8:00-20:00 Volleyball (Y6-13) 14:00-17:00 Wellington Extra		Football 17:00-18:30	Football 17:00-18:30	Football 17:00-18:00	Football 17:00-18:30			Basic &
Course (Y1-11) 10:15- 20:00								Tennis (Y2-
Brazilian Ju Jitsu 17:00-20:00 Tennis (Y2-10) 8:00- (Y6-13) 14:00-17:00 Wellington Extra Wellington Extra					(Spanish &French)		Course (Y1-11) 10:15-	10) 8:00-
Wellington Extra			Brazilian Ju Jitsu 17:00-20:00					(Y6-13)
Wellington Extra			5. az.ma. 1 6 a 6 1.5 a 1.7 16 6 2 5 16 5				20:00	14:00-17:00
10.00-11.30	Wellington Extra							
Spotlight studio courses (Y1-11) 9:00-13:30 5-Star Basketball (9.00-12.00)							courses (Y1-11)	Basketball
Gymnastics 08:00- 13:00 (Multi-Sport)								

Upper Primary

Arts and crafts (drawing) (Y3-5) Basketball (Y3-4) (Boys and Girls) Basketball (Y5-6) Boys and Girls) Cheerleading (Y5-6) Arts and crafts (painting) (Y5-6) Basketball (Y3-4) Boys and Girls Basketball (Y5-6) Cheerleading (Y5-6) Cooking (Y3-4) Arts and crafts (painting) (Y3-4) Basketball (Y3-4) Boys and Girls Basketball (Y5-6) Boys and Girls Chinese Poetry Choir (Y5-6) Chinese Dance (Y3-6)	
Basketball (Y3-4) (Boys and Girls) Basketball (Y3-4) Boys and Girls Basketball (Y3-4) Boys and Girls Chess (Y3-6) Basketball (Y5-6) Boys and Girls Chess (Y3-6) Chinese Poetry Choir Chinese Poetry Choir	
Basketball (Y5&6) (Boys and Girls) Chess (Y3-6) Basketball (Y5-6) Boys and Girls Cheerlagding (Y5-6) Chinese Poetry Choir	
Cheerlagding (Y5-4) Chinese Poetry Choir	
\(\text{\colored}\)	
Comic Book Creation (Y3- Cycling Proficiency (Bike Riding) (Y3-4) Chinese Traditional Costumes (Y5-6) Chinese History (Y5-6)	
Duke Award (Y3-4) Chinese Puzzles (Y5-6) Digital Art and Graphic Design (Y4-6) Chinese Philosophy (Y3-4)	
Dragon Dance (Y6-9) Duke Award (Y5-6) Doctors and Nurses (Y5-6) Choir (Y3-6)	
Experimentalists (Y3-4) Experimentalists (Y3-4) Experimentalists (Y3-4) Cooking (Y5-6)	
CCA 3.15-4.45pm Fencing (Y3-4) Football (Y3-6) French Culture (Y5-6) Cycling Proficiency (Bike Riding) (Y5-6)	
Gardening (Y3-5) Guitar Orchestra (Y3-13) Jazz Dance (Y3-6) Doctors and nurses (Y3-4)	
Golf for Beginners (Y5-6) Hip Hop (Dance) (Y5-6) Podcast Studio (Y5-6) Football (Y3-6)	
Jazz Dance (Y6-13) Kung Fu (Y3-6) Story Book Drama (Y5-6) Golf for Beginners (Y3-4) Swim Squad Bronze (Y3-	
Photography (Y3-5) Netball (Y3-6) Journalism (Y5-6) Swimming - Learn to	
Public Speaking (Y5-6) Public Speaking (Y3-4) Swim (Y3-6) JuJitsu (Brazilian) (Y4-6) Table Tennis	
Spanish Culture (Y4-6) Story Book Drama (Y3-4) (Recreational) (Y4-6) Netball (Y3-6)	
Swim Squad Bronze (Y3-13) VEX RODOTICS (Y3-4) Podcast Studio (Y3-4)	
Swimming - Learn to swim (Y3-6) Swimming - Learn to swim (Y3-6) Swim Squad Bronze (Y3-13) Swim Squad Bronze (Y3-13)	
Tennis (Beginners) (Y6) Swimming - Learn to swim (Y3-6)	
Touch Rugby (Y4-6) Tennis (Beginners) (Y3-5)	
Battle of the books (Y5-6) U11 FOBISIA (Y4-6) Leadership Programme Production (Y5-6) (Y3-6)	
Production (Y3-4) e-Motion Rehearsal (Y6) Wind Band (Y3-13) U11 FOBISIA (Y4-6)	
Junior Orchestra (Y3- Invitation CCAs/ I3) Chess team	
Teams/Production Maths Competition (Y5-6)	
Mini Sinfonia (Orchestra)	
(Y1-6) Tennis (Development	
and Elite)	
Skiing (Y1-13) Ice Skating (Y3-13) Fencing (Y1-13) Horse Riding (Y1-13)	
Affiliated CCA Fencing (Y1-13) Karting (around 130 cm height) Kayaking (Y3-13)	
might be possible) Rock Climbing (Y1-13)	
Football 17:00-18:30 Football 17:00-18:30 Football 17:00-18:00 Football	
Tennis (Y3 up) 19:00- (Spanish & French) Tennis (Y3 up) 19:00- (Spanish & French) Tennis (Y3 up) Foreign Language	
7:00-18:00 17:	Tennis (Y2-10) 8:00-20:00
20:00 (10.49-10.00) 20:00 (118.014 (10.49-18.00) Rang Fu 10.00-18.00) Brazilian Ju Jitsu Brazilian Jiujitsu Spotlight studio	o Volleyball(Y2 up) 14:00-
Brazilian Ju Jitsu Brazilian Jujitsu courses 17:00-20:00 17:00-18:00 9:00-12:30	17:00
Swimming 9.00 Wellington Extra	10.00-11.00
Tennis (Y3 up) 8 20:00	5-Star Basketball (9.00- 13.00)
Volleyball(Y2 u 4:00-17:00	(qu
Gymnastics 08 13:00 (Multi-Spo	
	on 9

Secondary

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lunchtime	Law Society (7-13)		Chamber Choir (Y9-13)	Big Band (Y7-13) Law Society (7-13)			
	Chinese Arts and Crafts	American		Architects of			
	(Y7-9)	Computer	Art Open Studio (Y10- 13)	Tomorrow (Y7-8)			
		Science League (Y10-13)					
	Chinese History (Y7-9)	Bamboo Structures	Badminton (Y7-9)	Art Mindfulness (Y7-9)			
		(Y9-13)					
	Chinese Puzzles (Y7-9)	Chinese Culture (Y7-	Book Club (Y7-9)	Ballet (Y7-13)			
		9)					
	Cooking (Y7-9)	Cricket (Y7-9)	Business Soft Skills (Y7-	Business Soft Skills (Y7-9)			
	Cycling		9)	(17-9)			
	Proficiency (Bike Riding) (Y7-13)						
		Debating (Y7-13)	Chinese Arts and	Chemistry Olympiad (Y10-			
	DaVinci Code (Y7-8)		Crafts (Y7-9)	13)			
	Dragon Dance (Y7-9)		Cooking (Y10-13)				
		Economic Society (Y12-13)	3 (3),	Chess (Y7-13)			
	Dungeons and Dragons	,		Chinasa Traditional			
	(Y7-13)	Ethics Society (Y7-13)	Cycling Proficiency (Bike Riding) (Y7-13)	Chinese Traditional Costumes (Y7-9)			
	Engineering (Y7-9)	(17 10)	rading)(17 io)				
	Football (V7.0)						
	Football (Y7-9)	Film Society (Y7-13)	Duke of Edinburgh (Y9-13)	Choir (Y7-13)			
		Finance and	-	Crime Scene			
	Jazz Dance (Y7-13)	Business Society (Y10-13)	Football (Y7-9)	Investigation (CSI):			
		(110 10)		Forensics (Y7-9)			
	National Geographic	Fine Art (Painting	Japanese Culture (Y7-9)	DT Open Workshop (Y10-13)			
	Society (Y7-9)	project) (Y7-9)	,	,			
	Origami (Y7-9)	First Aid (Y7-9)					
	Oliganii (17-7)	1 113C Ald (17-7)	Junior Duke (Y7-8)	Lego Robotics (Y7-9)			
COA 2 15 4 45		C(V7.0)					
CCA 3.15-4.45pm	Starcraft (Y10-13)	Gardening (Y7-9)	Karate (Y7-9)	History society (Y7- 13)			
				10)			
	Swim Squad Bronze (Y3-		Public Speaking (Y7-9)	Saving the world with			
	13)	(Y7-9)		Science (Y7-9) Swim Squad Bronze (Y3-			
	Table Tennis (Recreational) (Y7-13)	Guitar Orchestra (Y3-	Rugby (Touch) (Y7- 8)	13)			
		13)	,				
	Tennis (Beginners) (Y7- 12)	Ju Jitsu (Brazilian)	Spanish Culture (Y7-9)	The Beacon (Pupil			
	,	(Y10-13)		Publication) (Y7-13)			
	Textiles (Y7-13)	Medical Society (Y10-	Swim Squad Bronze				
	, ,,	13)	(Y3-13)				
		Minecraft	Tennis (Beginners) (Y8-				
		Wellington / Hiba E- sports League (Y7-	9)				
		9)					
		Physics Olympiad (Y9-13)	Textiles (Y7-9)				
		Stage Makeup (Y7- 9)	Ultimate Frisbee (Y10-13)				
		Swim Squad	VEX Robotics				
		Bronze (Y3-13)	Competition (Y9-12)				
		VEX IQ Off Season	Warhammer (Y7-13)				
		Development					
		Teams (Y7-9)					

Secondary

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Drama Fellows (Y9-13)	Chinese Debating Team (Y7-13)	Biology Olympiad (Y10- 13)	Academic Fellows (Y10- 13)			
	Football (U19 SISAC) (Y9- 13)	CISSA Basketball (Y7-13)	Chess Team (Y7-13)	Art Fellows (Y10-13)			
	Maths Competition (Y7-	eMotion Dance Rehearsals	Football (U19 SISAC) (Y9-13)	Chinese Magazine (Pupil Publication) (Y10-13)			
	Orchestra (Senior)	Junior Orchestra (Y3-13)	Volleyball Senior Boys (Y10-13)	CISSA Basketball (Y7-13)			
	U15 Volleyball Girls (Y10- 13)	Rock Bands (Y7-13)	Wind Band (Y3-13)	Creative Writing Team (English) (Y7-9)			
Invitation		Rugby (Contact) (Y9-13)		Leadership Programme (Y7-13)			
CCAs/Teams/ Production		Table Tennis (Team) (Y7-13)		Psychology Competition (Y10-13)			
		Tennis (Development and Elite)		Table Tennis (Team) (Y7-13)			
				Rock Bands (Y7-13)			
	Fencing (Y1-13)	Archery (Y3-13)	Fencing (Y1-13)	Golf (Y1-13)			
A((''')'') A	Horse Riding (Y1-13)	Ice Skating (Y3-13)	Skiing (Y1-13)	Rock Climbing (Y1-13)			
Affiliated CCA (alternative days might be possible)	Skiing (Y1-13)		Kayaking (Y3-13)				
	Football (Y3-7) 17:00- 18:30	Brazilian Ju Jitsu (Y1- 13) 17:00-20:00	Football (Y3-7) 17:00- 18:00	Brazilian Jiujitsu (Y1-13) 17:00-18:00	Football (Y3- 7) 15:20-18:00	Football (Y3-7) 9:00-12:15	Art & Fashion Workshop (Y3-11) 9:30-11:30
	Tennis (Y2-10) 19:00- 20:00	Football (Y3-7) 17:00- 18:30	Tennis (Y2-10) 19:00- 20:00	Football (Y3-7) 17:00-18:30	Tennis (Y2-10) 19:00-20:00	Foreign Language Course (Y1-11) 10:15-12:30	Badminton (09:00-16:00 Basic & Advanced)
		Foreign Language (Spanish &French) (Y1-11) 17:00-18:00	Volleyball U11&U14 (16.45-18.00)	Foreign Language (Spanish &French) (Y1-11) 17:00-18:00	Volleyball U11&U14 (16.45-18.00)	Gymnastics 08:00-13:00 (Multi-Sport)	Tennis (Y2-10) 8:00-20:00
		Tennis (Y2-10) 19:00- 20:00		Tennis (Y2-10) 19:00-20:00		Kung Fu (Y1-11) 10.00-11.00	Volleyball (Y6-13) 14:00- 17:00
Wellington Extra						Spotlight studio courses (Y1-11) 9:00-12:30	YMCE Rugby 10:00-11:30
						Swimming (Y1-13) 9:00-11:15	5-Star Basketball (9.00- 12.00)
						Tennis (Y2-10) 8:00-20:00	
						Volleyball (Y6-13) 14:00-15:30, 15:30-17:00	
						5-Star Wellington Extra Basketball (9.00- 12.00)	

CCA Programme

Monday-Thursday, 3:15-4:45pm Sign up at the start of each term via Schoolsbuddy

Title: Academic Fellows

Category: N/A

Year groups: Y10-13 on Thursdays by invitation only.

These sessions are for pupils who have been selected to become academic fellows. For more information about this, please see the relevant section on the school website: https://shanghai.wellingtoncollege.cn/admissions/

Title: American Computer Science League

Category: Innovate

Year groups: Y10-13 on Tuesdays.

The American Computer Science League (ACSL) is a prestigious competition that challenges pupils to demonstrate their skills and knowledge in computer science and programming. The league features a series of contests that

test participants in areas such as algorithms, data structures and problem-solving techniques. With various levels of competition, ACSL provides a platform for pupils to showcase their technical abilities, compete against peers internationally and deepen their understanding of computer science. Joining the ACSL offers an opportunity to engage with complex problems, develop critical thinking skills and gain recognition in technology.

More information can be found at https://www.acsl.org/.

Title: Architects of Tomorrow

Category: Innovate

Year groups: Y7-8 on Thursdays.

The Architects of Tomorrow CCA invites pupils to explore the art and science of structural design through creative design and problem-solving. Pupils will engage in projects that combine artistic vision with technical precision, using principles of geometry and spatial reasoning to design innovative structures. Through hands-on activities, collaborative design challenges and model-building, pupils develop a deeper understanding of architectural concepts and apply their analytical skills to real-world problems.

Pupils will explore famous structures around the world and, where possible, engage with those designing and building structures to find out what challenges they face.

Title: Arts and Crafts

Category: Arts

Year groups: All primary year groups

These CCAs are suitable for those pupils who would like to explore and expand their creativity. We have divided these CCAs into subcategories to allow the children to focus their interests:

- Drawing (Mondays, Y3-5)
- Modelling (Tuesdays, Y1-2 and Y3-6)
- Painting (Tuesdays, Y1-2, Wednesdays, Y5-6)
- Textiles (Tuesdays, Y1-2, Thursdays Y3-4)

Those wishing to do an art CCA in Y3-6 may also be interested in comic book creation on Mondays, photography on Mondays or digital art on Wednesdays.

Title: Art Fellows
Category: Arts

Year groups: For arts fellows only on Thursdays.

This is a session for arts fellows.

Please talk to your child's art teacher in the first instance if you are interested in your child applying to be an art fellow or aspirant (secondary school only). More details can be found on the <u>school website</u>.

Title: Art Mindfulness
Category: Arts
Year groups: Y7-9 on Thursdays.

This CCA is an opportunity for pupils to work on relaxing open-ended projects that are distinct from those studied in curriculum art lessons.

This CCA is suitable for those who are curious to extend their artistic horizons and are looking for new challenges. It would also be a good CCA for those wishing to take some time out each week to focus on something artistic.

As well as some guided teaching and direction, pupils should be prepared to work independently. There will be an opportunity to view the work created in this CCA.

Title: Art Open Studio Category: Arts

Year groups: Y10-13 on Wednesdays.

This is an optional opportunity for those studying art at GCSE or IB level to work on their projects. It may also be suitable for those with an artistic leaning but who are not formally studying art to work independently in the studio.

Title: Badminton Category: Sport

Year groups: Y7-9 on Wednesdays.

This CCA is an opportunity for pupils to work on relaxing Badminton. They can develop the skills. Both beginners and advanced players can continuously improve their technical level and competitive ability.

Title: Ballet
Category: Arts

Year groups: Y1-2 and Y3-6 on Tuesdays. Y6-13 on Thursdays.

Years 1-2 and 3-6 on Tuesdays

This CCA is suitable for those starting or who are relatively new to ballet. The fundamentals of classical ballet will be taught.

Years 6-13 on Thursdays

This CCA is suitable for Pre-Intermediate pupils and above. Pupils will focus on improving their technique through a ballet class format.

Children will need to wear the correct ballet clothing - Leotard, tights and ballet shoes (girls), T-shirt, leggings and ballet shoes (boys).



Title: Bamboo Structures
Category: Innovate

Year groups: Y9-13 on Tuesdays.

Bamboo Structures is a CCA where pupils come together to explore the limitless possibilities of bamboo as a versatile material for creating innovative products and structures. This CCA allows aspiring designers and engineers to channel their creativity and passion into hands-on projects. By harnessing the unique qualities of bamboo, we not only nurture individual talents but also foster collaboration and teamwork, emphasizing the importance of collective learning and problem-solving. Pupils will have the opportunity to embark on a journey that combines design thinking, engineering principles and sustainable practices.

Please note that places are limited for this CCA and will be allocated randomly. It is anticipated that pupils will remain in the CCA throughout the year to work on longer-term projects.

Title: Basketball Category: Sports

Year groups: Y3-4 & Y5-6 Boys and Girls on Mondays and Wednesdays.

This CCA is designed to develop pupils' skills, teamwork and love for the game.

Pupils in this CCA will have the opportunity to represent Wellington Lions in various competitions after school or some Saturdays throughout the term. We select players for the following teams: Girls U9; Girls U11; Boys U9; Girls U11.

Pupils will work on fundamental basketball techniques, including dribbling, shooting, passing and defense. Through drills, practice games and strategic exercises, pupils will enhance their physical fitness, coordination and understanding of the sport.

Whether you're a beginner or a more experienced player, the Basketball CCA offers a supportive and dynamic environment to grow and excel.

Title: Basketball Team Category: Sports

Year groups: 7-13 on Tuesdays and Thursdays by invitation only.

Please refer to the information from the Sports department about team training.

Title: Battle of the Books Category: Insight

Year groups: Y5-6 on Mondays by invitation.

The Battle of the Books CCA is a selective team for pupils who excel in English and have a passion for reading. This unique literary competition invites pupils to take part in thrilling book-based battles against other schools across Shanghai. Originating in the 1940s with teacher Erna Wentland in Oregon, Battle of the Books has evolved into a global phenomenon with numerous incarnations worldwide.

In a typical "Battle" teams earn points by answering detailed questions about a curated list of books. Pupils will face off against various teams in multiple rounds, testing their knowledge and memory.

This CCA provides a stimulating environment for literary-minded pupils, combining teamwork, strategy, and a love of reading. Selection is based on academic performance in English, ensuring a high level of competition and intellectual engagement for all participants.

Title: Benchball Category: Sports

Year groups: Y1-2 on Tuesdays.

Benchball is a team sport where players aim to pass a ball and score by hitting a bench or a designated target area, combining elements of teamwork, strategy and physical activity. It is a precursor game for basketball and netball. In addition to bench ball, the CCA introduces a variety of other fun games that promote movement, coordination and social skills

Title: Big band Category: Arts

Year groups: Secondary school, by invitation only at Thursday lunchtimes.

Wellington's jazz big band rehearse during Thursday lunchtimes. They give performances at the end-of-term concerts and make regular performances in and out of school.

The instruments in a big band are:

Trumpet, trombone, saxophone, piano, guitar, bass, drum kit

Please email music.shanghai@wellingtoncollege.cn if you would like to be considered for the big band.



Title: Biology Competition

Category: Innovate

Year groups: Y10-13 on Wednesdays by invitation only.

The British Biology Olympiad (BBO) is a distinguished competition that invites secondary school pupils to demonstrate their understanding and passion for biology. This challenging event covers a broad spectrum of topics, from cellular processes and genetics to ecology and evolution. Through a series of rigorous tests, participants tackle complex biological problems, applying both theoretical knowledge and practical skills. The BBO provides an excellent opportunity for pupils to showcase their talent, compete at a national level and earn recognition for their biology achievements.

Pupils should have chosen biology as a subject.

Title: Book Club
Category: Insight

Year groups: Y7-9 on Wednesdays.

The Book Club invites avid readers to dive into the world of literature, exploring a diverse range of books throughout the term. Children are expected to read a range of books outside of the CCA time as the weekly sessions will be mainly focused on engaging in thoughtful discussions and activities and sharing insights with fellow book enthusiasts. The CCA fosters a love for reading, critical thinking and open-mindedness, providing a supportive environment where pupils can expand their literary horizons and connect with others who share their passion for books.

Pupils will be expected to do independent reading in-between sessions to gain the maximum benefit so time each week should be factored in for this. Note that all books will be in the English language.

Title: Business Soft Skills Category: Innovate

Year groups: Y7-9 on Wednesdays and Thursdays

The business soft skills CCA will teach pupils to improve a range of personal attributes and interpersonal abilities that enhance workplace communication and collaboration. These skills include effective communication, problem-solving, teamwork, emotional intelligence, and adaptability, all of which contribute to a positive and productive work environment.

Title: Chemistry Olympiad

Category: Innovate

Year groups: Y10-13 on Thursdays.

The UK RSC Olympiad is designed for pupils who are passionate about chemistry and eager to tackle advanced challenges. This CCA prepares members for the Royal Society of Chemistry (RSC) Olympiad, a prestigious competition that tests their knowledge and problem-solving skills in chemistry. Through in-depth study sessions, practice tests and interactive workshops, pupils enhance their understanding of complex chemical concepts and develop their analytical abilities.

Title: Cheerleading Category: Arts

Year groups: Y5-6 on Mondays

Cheerleading encourages the support of a team through energetic dancing and enthusiastic moves. It is an excellent aerobic workout, which can sometimes burn more calories than being on the pitch!

Cheerleading is particularly suitable for those who enjoy dancing and would like to showcase those skills at sporting events.

Pupils will need to wear their PE kit for this CCA, and they may be required to attend some sporting events to perform.



Title: Chess

Category: Innovate

Year groups: Y3-6 on Tuesdays, Y7-13 on Thursdays.

In this CCA pupils can hone their skills and engage in the timeless game of chess. Wellington Shanghai ranks among the top schools for chess in Asia, and our CCA is where we grow this talent.

Whether you're a seasoned player or eager to learn, the Wellington Chess Club offers a challenging and supportive environment to sharpen your chess abilities and be part of our renowned chess tradition.

Wellington's chess team meet on Wednesdays. Please email <u>enrichment.shanghai@wellingtoncollege.cn</u> if you are a high-level chess player and would like to be considered for the team.

Title: Chess Team
Category: Innovate

Year groups: Y5-13, on Wednesdays by invitation only.

The school chess team meet on Wednesdays.

Please email <u>enrichment.shanghai@wellingtoncollege.cn</u> if you are a high-level chess player and would like to be considered for the team. You will be expected to demonstrate a high level of playing with a proven track record.

Title: Chinese Arts and Crafts

Category: Insight

Year groups: Y7-9 on Mondays and Wednesdays, Y1-2 on Tuesdays.

This CCA is an opportunity through opportunity to explore traditional Chinese arts such as calligraphy, painting, paper cutting and knotting. Through hands-on activities and cultural projects, members learn about Chinese culture and express creativity.

Although children will be doing art activities, the focus is on learning about Chinese culture. It is not necessary to speak Mandarin to attend this CCA, although pupils will be exposed to Chinese terminology and will learn new Chinese vocabulary.

Pupils in Upper Primary wishing to explore something Chinese and artistic may enjoy Chinese Architectural Models or Chinese Traditional Costumes.

Title: Chinese Architectural Models

Category: Insight

Year groups: Y5-6 on Thursdays.

In this CCA, pupils will explore and recreate the beauty of traditional and modern Chinese architecture through model building. Children will design and construct detailed architectural models of iconic structures such as pagodas, temples and historical landmarks. This CCA fosters creativity, spatial awareness and an appreciation for Chinese cultural heritage, providing a hands-on way to learn about architectural principles and the rich history of Chinese design. Note that although some of the terminology will be in Chinese, the language of instruction will be English for this CCA.

Title: Chinese Creative Writing

Category: Insight

Year groups: Y7-9 on Tuesdays.

This CCA encourages pupils to explore their literary talents through the Chinese language. They will engage in writing activities such as crafting stories, poetry and essays, drawing inspiration from Chinese culture and personal experiences. It provides a supportive environment for sharing and refining their work, fostering creativity, language skills and a deeper appreciation for Chinese literary traditions.

The children's work will be shared with parents and some of the best work may be shared in the Chinese language pupil publication.

Whilst this CCA is not restricted to those with native-level Mandarin, children should be able to write fluently.

Title: Chinese Culture
Category: Insight
Year groups: Y7-9 on Tuesdays.

The Chinese Culture CCA will immerse pupils in the rich and fascinating culture of China. This CCA offers a variety of activities and events, including studying the history of the Chinese language, calligraphy and understanding cultural performances. Pupils will learn about Chinese holidays and traditions.

Some sessions will be delivered by a guest instructor, who will share their expertise in one aspect of Chinese culture.

Although much of the source material will necessarily be in Mandarin, this CCA is delivered in English and is suitable for those with limited Mandarin skills.

Title: Chinese Dance Category: Arts

Year groups: Y3-6 on Thursdays.

In this CCA pupils will experience and perform traditional and contemporary Chinese dance forms. They will learn various dance styles, including classical, folk and modern Chinese dances. The CCA promotes physical fitness, cultural appreciation and artistic expression, culminating in vibrant performances at school events and cultural

celebrations. This CCA is open to pupils from all backgrounds and is suitable for both boys and girls. Note that although much of the terminology is in Chinese, the CCA will be taught in English.



Title: Chinese Debating Team

Category: Insight

Year groups: Y7-13 on Tuesdays by invitation only.

Wellington's award-winning Chinese Debating Team excel in rigorous and dynamic debates conducted in the Chinese language. The team members demonstrate exceptional skills in argumentation, critical thinking and eloquent speaking. They rank as one of the top teams in China.

If you would like your child to be considered for the Chinese Debating Team, you should contact your child's Chinese teacher. Note that a native level of Mandarin would be required to take part.



Title: Chinese History Category: Insight

Year groups: Y7-9 on Mondays, Y5-6 on Thursdays.

This CCA offers pupils an engaging exploration of China's rich and diverse past. Through discussions, presentations and projects, pupils delve into significant events, dynasties and cultural developments. The CCA

aims to deepen understanding of Chinese heritage, promote historical awareness and inspire a love for learning about one of the world's oldest civilizations.

Although some of the source material and terminology will be in Mandarin, these sessions are delivered in the English language.

Title: Chinese Magazine (Pupil Publication)

Category: Insight

Year groups: Y10-13 on Thursdays.

Each year the college publishes a Chinese language magazine called Hui Ling Xin Yu (惠灵心语) dedicated to exploring and celebrating the Chinese language and culture. Managed and produced entirely by pupils, this publication offers a unique blend of articles, stories, interviews and artwork that reflect their passion and learning journey. It serves as a platform for pupils to showcase their creativity, share their perspectives and deepen their understanding of the rich tapestry of Chinese heritage.

This CCA is most suitable for those studying Chinese, but also for those pupils with native-level Mandarin who would like to enhance their CV by being involved in a pupil-led publication.

Title: Chinese Philosophy

Category: Arts

Year groups: Y3-4 on Thursdays.

This CCA introduces children to the basic ideas and teachings of Chinese philosophy in a fun and accessible way. Through engaging stories, interactive activities and simple discussions, children explore concepts from Confucianism, Daoism and other philosophies. This CCA encourages critical thinking, ethical reflection and an appreciation for Chinese wisdom, helping children develop a foundation in philosophical thinking and cultural understanding.

Note that although many of the concepts and terminology are in Chinese, this CCA is taught in English.

Title: Chinese Puzzles Category: Innovate

Year groups: Y5-6 on Mondays.

This CCA introduces pupils to traditional Chinese puzzles, such as tangrams and interlocking rings. It will test their problem-solving skills and creativity through hands-on activities and collaborative puzzle-solving sessions. As well as developing logical thinking and patience, pupils will garner an appreciation for Chinese cultural heritage.

Although some Chinese terminology will be used, this CCA is delivered in English.

Title: Chinese Story Club

Category: Insight

Year groups: Y1-2 on Tuesdays.

Children will listen to stories in the Chinese language and then will explore the themes through a range of activities. A range of themes will be covered, such as social skills, moral character, global citizenship and aesthetic appreciation.

This CCA is a good opportunity for children to reflect on a range of philosophical issues via the medium of Chinese stories.

Whilst some support can be given to those for whom Mandarin is not their native language, the stories will be read in Mandarin, so please bear this in mind when selecting this CCA.

Title: Chinese Poetry Choir

Category: Arts

Year groups: Y5-6 on Wednesdays.

The Chinese Poetry Choir combines the beauty of traditional Chinese poetry with the art of vocal performance. Pupils interpret and sing classic Chinese poems, bringing ancient and contemporary verses to life through song. The choir fosters a deep appreciation for Chinese literature, enhances language skills and promotes cultural heritage, providing a unique and enriching experience for both performers and audiences.

Although a native level of Chinese is not required for this choir, pupils will need to be able to follow the songs which will be exclusively in Mandarin.

The choir gives regular performances at events in and outside of school for which pupils will need to wear traditional Chinese costumes.

Pupils who play traditional Chinese instruments may also be able to participate in this CCA.



Title: Chinese Traditional Costumes

Category: Insight

Year groups: Y5-6 on Wednesdays, Y7-9 on Thursdays.

The Chinese Traditional Costumes CCA offers pupils a unique opportunity to explore the rich history and cultural significance of Chinese attire both mainstream and of minority groups. Pupils will learn about various traditional garments, such as the qipao, hanfu and tangzhuang, through interactive sessions and hands-on activities such as mask making and shadow puppetry. The CCA promotes cultural appreciation, creativity and a deeper understanding of Chinese heritage by allowing pupils to design, wear and showcase their creations which they will bring home.

Note that although much of the terminology will be in Chinese, this CCA will be delivered in English.

Title: Choir Category: Arts

Year groups: Y3-6 and Y7-13 choirs are both on Thursdays.

We do not hold auditions for any of our choirs. All that is needed is a love of singing and a willingness to commit to taking part in performances and to learn the repertoire.

The Upper Primary choir will be split into a Y3/4 choir and a Y5/6 choir and they will perform at the end-

of-term concert. The Y5/6 choir will be divided yet further and will have the opportunity to take part in some festive performances around Shanghai.

The Secondary Choir will also take part in the end-of-term concert and some external performances.

Those in Y9-13 who are unable to commit to a CCA rehearsal may attend the chamber choir, which meets Wednesday lunchtimes.

Whilst not a requirement, many pupils choose to develop their singing lessons with individual lessons, which we offer in school. Please see the section on 'Individual Music Lessons' for more details and to sign up.



Title: Comic Book Creation

Category: Arts

Year groups: Y3-5 on Mondays.

Pupils will create their own comic books. As well as shaping their own storylines by studying and analysing existing comic books, they will learn how to draw comic characters and backgrounds. This CCA is suitable for children who have an interest in reading comic books and would like to develop their artistic skills further.

Title: Cooking
Category: Insight

Year groups: Y7-9 on Mondays, Y1-2 on Tuesdays, Y3-4 on Tuesdays, Y10-13 on

Wednesdays and Y5-6 on Thursdays.

In this CCA pupils learn to cook delicious and healthy meals! This fun and educational program teaches basic culinary skills, kitchen safety and nutrition. They will explore new recipes, create tasty dishes and enjoy their culinary creations together. It's a perfect blend of hands-on learning, teamwork and delicious fun.

Pupils will work with members of our catering team, together with a Wellington teacher. Note that children in Y1/2 do not handle hot dishes or sharp knives. Safety is the top priority in all sessions.

Pupils who choose this CCA as their first choice are selected randomly for this popular CCA and we ensure that no pupil does it twice in one year.

There is a nominal cost of RMB50 per session to cover ingredients, which will be deducted from children's lunch cards.

Cooking is also offered as part of Wellington Extra (at 5pm). Scan this QR code to register your interest in cooking as part of Wellington Extra:



Title: Creative Writing Team (English)

Category: Insight

Year groups: Y7-9 on Thursdays by initiation only.

These sessions are for Wellington's Creative Writing Team and the very best pupils are selected to take part to represent the school. Pupils will take part in local, national and international writing contests.

If you feel that your child may be a suitable candidate to represent Wellington, please speak to your child's English teacher in the first instance.

Title: Cricket
Category: Sport

Year groups: Y7-9 on Tuesday

This CCA introduces the fundamentals of cricket, including batting, bowling and fielding techniques, through engaging drills and friendly matches. Pupils develop teamwork, coordination and sportsmanship in a fun and supportive environment with guidance from experienced and passionate coaches.

Title: Crime Scene Investigation (CSI): Forensics

Category: Innovate

Year groups: Y7-9 on Thursdays.

This CCA offers pupils a fascinating journey into the world of crime scene investigation and forensic science. Pupils explore techniques such as fingerprint analysis, blood typing and evidence collection through interactive activities and simulated cases. By examining real-life scenarios and solving mysteries, pupils develop critical thinking, attention to detail and problem-solving whilst refining their lab skills.

Title: Cycling Proficiency (Bike Riding)

Category: Sports

Year groups: 7-13, Mondays and Wednesdays, Y3-4 on Tuesdays, Y5-6 on Thursdays.

The Learn to Ride a Bike CCA is an opportunity to embark on a journey to cycling confidence and adventure. This program is perfect for pupils who are new to biking or want to improve their skills.

Once everyone is comfortable riding, pupils will venture off campus for scenic bike rides along the river's dedicated cycle path. This CCA places a strong emphasis on road safety, ensuring that all participants learn the rules of the road and how to ride safely in different environments. Essential bike maintenance will be addressed, and pupils will be taught how to keep bikes in top condition.

In addition, some sessions will focus on cycling proficiency, especially when weather or air quality conditions prevent outdoor activities. These sessions will help pupils develop their biking skills through targeted exercises and drills.

All equipment (helmets, pads, bikes) will be provided, although some pupils may wish to bring their bikes into school (contact enrichment.shanghai@wellingtoncollege.cn for details of where to park the bike in school).

Title: DaVinci Code Category: Innovate

Year groups: Y7-8 on Mondays.

Description: The DaVinci Code is a dynamic and engaging CCA where pupils delve into the world of puzzles, codes and logical challenges. Inspired by the genius of Leonardo da Vinci, a Renaissance polymath renowned for his contributions to art, science and invention, this CCA encourages creativity, critical thinking and a passion for uncovering hidden connections. Pupils work together to uncover patterns, solve mysteries and develop their problem-solving skills.

Title: Debating
Category: Insight
Year groups: Y7-13 on

Year groups: Y7-13 on Tuesdays.

This CCA pupils develop their public speaking and critical thinking skills through structured debates on a range of topics. They will practice constructing and presenting arguments, engaging in thoughtful discussion and responding to opposing viewpoints. It fosters effective communication, persuasive techniques and confidence, preparing pupils for success in both academic and real-world scenarios.

Wellington takes part in a range of debating competitions throughout the year, and pupils are strongly encouraged. As well as using the expertise of Wellington staff, we collaborate with LOZO public speaking and debating coaches. Please email enrichment.shanghai@wellingtoncollege.cn if you would like to get more involved with LOZO.

Title: Digital Art and Graphic Design

Category: Arts

Year groups: Y4-6 on Wednesdays.

In this CCA pupils will use iPads to create well-thought-out pieces of art. They will use software such as sketches school to hone their skills in colouring, shading and using layers.

As well as guided tasks and teaching, pupils can work independently to build a portfolio which can be shared and exhibited.

Title: Doctors and Nurses
Category: Innovate

Year groups: Y1-2 on Tuesdays, Y5-6 on Wednesdays and Y3-4 on Thursdays.

This CCA introduces pupils to the medical field through fun and educational activities. Children will learn ageappropriate basic first aid and health and wellness tips. They will look at the roles of healthcare professionals, fostering an early interest in medicine and caring for others.

Pupils in Y7-9 could choose the First Aid CCA on Tuesdays.

Title: Drama Fellows Play Category: Arts

Year groups: Invitation only (for drama fellows and selected others) on Mondays.

This session is for drama fellows only and a limited number of invited others (from the secondary school only).

Please talk to your child's drama teacher in the first instance if you are interested in your child applying to be a drama fellow or aspirant. More details can be found on the school website.

Title: Dragon Dance Category: Insight

Year groups: Y6-9 on Monday.

This activity offers pupils the exciting opportunity to learn and perform the traditional Chinese dragon dance. Every week, pupils practice the intricate movements and teamwork required to bring the dragon to life. The club promotes confidence, physical fitness, cultural appreciation and coordination, culminating in vibrant performances at school events and festivals.

Children should first talk to their Chinese teacher if they are interested in joining these CCAs. It is anticipated that they will continue to do this activity each term. Alternatively, email enrichment.shanghai@wellingtoncollege.cn. Pupils should be prepared to show commitment to the activity and have a willingness to perform.

Although many of the dance commands are in Chinese, support will be provided for those with developing skills in Mandarin.



Title: DT Open Workshop Category: Innovate

Year groups: Y10-13 on Thursdays.

This CCA is an opportunity for pupils studying DT to work on their projects in the workshop.

Title: Duke Award Category: Insight

Year groups: Y3-4 on Mondays, Y5-6 on Tuesdays, Y7-8 on Wednesdays.

The Duke of Edinburgh Award is well established at Wellington and is now undertaken by all pupils in Y9 upwards. It is an internationally recognized qualification. The Duke Award offers similar opportunities to younger pupils.

The Duke of Edinburgh Award is a youth achievement program that encourages personal development and community involvement. Founded by Prince Philip in 1956, it is divided into three levels: Bronze, Silver and Gold. Participants engage in various activities across four sections: Volunteering, Physical, Skills and an Expedition.

The activities are like those undertaken by Cub Scouts and as well as following the same type of activities as D of E, there will be an age-appropriate residential aspect to this CCA.

Upon successful completion of all activities, pupils will be awarded the Junior Duke award (Bronze, Silver or Gold).

Learn more about the Duke of Edinburgh Award at https://www.dofe.org/ and the Junior Duke Award at https://juniorduke.com/



Title: Duke of Edinburgh Award (D of E) Category: Insight Year groups: Y9-13 on Wednesdays.

The Duke of Edinburgh Award is well established at Wellington and is now undertaken by all pupils in Y9 upwards. It is an internationally recognized qualification. This CCA will give pupils some extra dedicated time to focus on the award.

The Duke of Edinburgh Award is a youth achievement program that encourages personal development and community involvement. Founded by Prince Philip in 1956, it is divided into three levels: Bronze, Silver and Gold. Participants engage in various activities across four sections: Volunteering, Physical, Skills and an Expedition.

Learn more about the Duke of Edinburgh Award at https://www.dofe.org/ and the Junior Duke Award at https://juniorduke.com/

Pupils in Y3-8 who are interested in the Duke of Edinburgh should choose the Duke Award, which is a precursor to D of E: Y3-4 on Mondays, Y5-6 on Tuesdays, Y7-8 on Wednesdays.

Title: Dungeons and Dragons

Category: Insight

Year groups: Y7-13 on Mondays.

In this CCA, pupils embark on imaginative adventures in a collaborative and creative environment. They will create characters, weave stories and engage in role-playing games, developing skills in problem-solving, teamwork and storytelling. The club offers a fun and inclusive space for fans of fantasy and adventure.

Dungeons & Dragons (D&D) is a fantasy tabletop role-playing game (RPG). Players create characters that embark on imaginary adventures within a fantasy setting. A Dungeon Master (DM) guides the story, setting up scenarios, controlling non-player characters (NPCs) and adjudicating the rules.

The game is typically played with polyhedral dice to determine the outcomes of various actions and events. Players can choose from a variety of character classes, such as warriors, wizards and rogues, each with unique abilities and roles within the game.

In a world where computer games have become a dominant force, this CCA is an excellent opportunity for children to explore fantasy worlds off-screen.

Title: Economics Society Category: Innovate

Year groups: Y12-13 on Tuesday.

Through engaging discussions, debates, and hands-on projects, members explore key concepts such as supply and demand, market structures, and global trade. The society also hosts guest speakers, workshops, and networking events to encourage critical thinking, problem-solving, and a deeper understanding of how economic principles shape our world. Whether interested in current events, business, or finance, pupils in the Economics Society gain valuable insights and skills that prepare them for future academic and career opportunities.

Title: eMotion Dance Rehearsals

Category: Arts

Year groups: Invitation only (for dance fellows and selected others) on Tuesdays.

This CCA session is for Pupils from the Dance Fellowship Team to rehearse in the lead up to their second Showcase on the 8th May. They will be working in groups and independently on work that they will perform at the event, including dress rehearsals on the theatre stage.

Title: Engineering Category: Innovate

Year groups: Y7-9 on Mondays.

In this CCA, pupils dive into the exciting world of design and innovation. In this hands-on club, pupils work on a variety of projects, from building models to creating functional prototypes and exploring the principles of engineering and technology. Through collaborative projects and creative problem-solving, pupils develop practical skills and a deeper understanding of how things work.

Title: Ethics Society
Category: Insight

Year groups: Y7-13 on Tuesdays.

In this CCA pupils will learn to address moral challenges in areas like technology, healthcare, and environmental justice. It promotes ethical principles through education, advocacy, and public engagement.

Title: Etiquette
Category: Insight

Year groups: Y3-4 on Tuesdays.

In this CCA pupils will learn the principles of good manners and social graces. They will learn about table manners, polite conversation, proper attire and respectful behaviour in various social settings. This CCA aims to enhance pupils' confidence, social skills and cultural awareness, preparing them to navigate social situations with poise and courtesy.

Towards the end of the term, parents will be invited to a tea party, hosted by the children. They will showcase proper table manners, polite conversation and attentive hosting whilst creating a warm and refined atmosphere.

Title: Experimentalists Category: Innovate

Year groups: Y5-6 on Mondays, Y1-2 on Tuesdays, Y3-4 on Wednesdays.

The Experimentalists is a hands-on, exciting CCA where children dive into the world of discovery through various age-appropriate experiments. Pupils explore different concepts and principles by conducting fun and engaging activities across different fields. Children will hypothesize, test and uncover new findings in a collaborative environment. This CCA fosters curiosity, critical thinking and a love for exploration, encouraging young minds to understand the wonders of the world around them.



Title: Fencing Category: Sports Year groups: Y3-4 Mondays

Description: This program introduces pupils to the art of fencing, a dynamic sport that combines agility, strategy and precision. Fencing is a sophisticated and fast-paced sport that involves combat with three types of weapons: the foil, épée and sabre. Fencing emphasises quick reflexes, tactical thinking and physical fitness, making it both an elegant and exhilarating sport. It combines elements of sport and art, where technique and grace play crucial roles in outmanoeuvring opponents and achieving victory. Each session is designed to develop skills, enhance coordination and foster a competitive spirit.

Title: Film Society
Category: Insight

Year groups: Y7-13 on Tuesdays.

The Film Society brings together pupils with a passion for cinema to explore and appreciate the art of filmmaking. Pupils will watch and discuss a diverse range of films, from classic masterpieces to contemporary gems, analysing themes, techniques and cultural impact. There will be a range of activities on offer and pupils will not spend the whole time simply watching films.

Older pupils will be able to form independent groups to explore material they are passionate about.

Title: Finance and Business Society Category: Innovate
Year groups: Y10-13 on Tuesdays.

This society provides a platform for pupils to explore key concepts such as investment strategies, financial markets and entrepreneurial ventures. Through workshops, guest lectures from industry professionals, and hands-

on projects, pupils gain practical insights and experience in the financial and business sectors. This CCA aims to cultivate future leaders and equip pupils with the knowledge and skills needed for success in their academic and professional careers.

Note that those pupils in Y10/11 should be committed to the CCA and be mature enough to handle working alongside Sixth Form pupils.

Title: Fine Art (Painting Project)

Category: Arts

Year groups: Y7-9 on Tuesdays.

In this CCA, pupils will embark on a term-long painting project with the goal that they will produce a work of outstanding beauty.

Pupils should have some painting experience before signing up for this CCA or should be prepared to commit to a longer- term painting project. They should also have the patience and commitment to work on something for a long time.

Whilst some time will be given to teaching techniques, pupils should be prepared to work for extended periods independently on their paintings.

Title: First Aid Category: Innovate

Year groups: Y7-9 on Tuesdays.

The First Aid CCA is a comprehensive program to learn essential first-aid skills in a fun and interactive setting. This CCA covers crucial topics such as basic wound care, CPR, choking relief and how to respond to common emergencies. Through hands-on practice, engaging activities and real-life scenarios, pupils will build confidence and preparedness to handle emergencies. By the end of the course, they will be equipped with practical skills and knowledge to help others safely and effectively.

Title: First Lego League Category: Innovate

Year groups: Y7-9 on Thursdays.

The First Lego League Competition allows pupils to come together to explore the exciting world of robotics and innovation using LEGO bricks and technology. In this CCA, pupils collaborate to design, build and program LEGO robots to complete themed challenges. Through hands-on activities, pupils develop critical thinking, problem-solving and teamwork skills. The team prepares for regional and national competitions, focusing on both robot performance and innovative project presentations.



Title: Football
Category: Sports

Year groups: Y1-2 on Tuesdays, Y7-9 on Mondays and Wednesdays, Y3-6 on Tuesdays and

Thursdays.

This CCA is for pupils who are excited to learn and play recreational football in a fun and supportive environment. Children will develop basic football skills such as dribbling, passing and shooting through engaging drills and friendly matches. Emphasis is placed on teamwork, sportsmanship and having fun while playing.

Football training is also available as part of Wellington Extra during the evenings and Saturday mornings.



Title: Football Team Category: Sports

Year groups: 9-13 on Mondays and Wednesdays by invitation only following try-outs.

Please refer to the information from the Sports department about try-outs. Pupils will remain in a squad for the term.

Title: French Culture Category: Insight

Year groups: Y5-6 on Wednesdays.

This CCA offers pupils an immersive experience of the rich traditions and customs of France. Through activities such as tasting French cuisine, exploring art and music, learning about historical events and celebrating festivals, members deepen their understanding of French culture. The club fosters an appreciation for global diversity and provides a lively environment for cultural exchange and learning which may stimulate further study (or a holiday in France!)

Please note that there will only be an introduction to the French language, and this is not a language-learning class. The hope is to instill a love of French culture and encourage further study of the French language.

This CCA may be less interesting for native French speakers, although they are welcome to join.

Title: Gardening Category: Insight

Year groups: Y3-5 on Mondays, Y7-9 on Tuesdays.

This CCA offers pupils the chance to connect with nature and learn about horticulture. Children will engage in planting, cultivating and maintaining the school garden, gaining hands-on experience in growing flowers, vegetables and herbs. They will also work with some of the school gardeners to understand how the school grounds are maintained. This CCA fosters teamwork, environmental stewardship and an appreciation for sustainable practices. Note that there will also be some classroom-based sessions, some of which may be necessitated by inclement weather or high AQI.



Title: Golf for Beginners
Category: Sport

Year groups: Y5-6 on Mondays, Y1-2 on Tuesdays, Y7-9 on Tuesdays, Y3-4 on Thursdays.

The Golf for Beginners CCA, led by Cindy Reid and her team, is perfect for pupils who are new to golf and eager to learn the basics. This course is specifically designed for those with no prior golfing experience, ensuring a

supportive and easy-to-follow introduction to the sport. Pupils will learn fundamental skills such as grip, stance and swing techniques in a fun and relaxed environment.

For those who have played golf before, there is an exciting opportunity to travel to the Tomson 18-hole course to study on Thursdays, available for an extra fee as an affiliated CCA. See the affiliated CCA section to sign up.

Title: Guitar Orchestra
Category: Arts

Year groups: Y3-13 on Tuesdays.

For those learning classical guitar, or for guitarists who would like to improve their music reading and ensemble skills, the guitar orchestra is the perfect CCA.

The guitar orchestra is for classical guitar. These instruments have nylon strings and are played with the fingers and not with a plectrum/pick.

No previous experience is required to join the guitar orchestra as there are simple parts and more complicated ones. However, it is strongly encouraged to have individual lessons, ideal at school. Please see the section on individual music lessons for details on how to sign up.

The guitar orchestra will take part in regular performances in school and there may be some extra rehearsals, for which attendance is mandatory.

Title: Hip Hop (Dance)
Category: Arts
Year groups: Y5-6 on Tuesdays.

Hip-hop dance is a type of street dance which has become increasingly popular in recent years. This CCA is suitable for all, but children should be ready to take part in some quite physical routines which make for an excellent workout as well. The ballroom dance CCA on Wednesdays may be an alternative dance CCA. Pupils will need to wear their PE kit for this CCA (leggings are acceptable).

Title: History Society Category: Insight

Year groups: Y7-13 on Thursdays.

The History Society provides a platform for pupils to discuss and debate historical topics, conduct research and share their findings with the school community. Whether you are passionate about ancient civilizations, modern history or anything in between, the History Society facilitates uncovering the stories of our past and understanding their impact on our present and future.

Due to the broad age range of this CCA, pupils should be prepared to work independently on projects with those older or younger than themselves.

Title: Individual Music Lessons

Category: Arts

Year groups: All ages. 30-minute lessons during the school day

In common with most British curriculum schools, we offer a comprehensive individual music lesson program.

It is possible to have up to 2 x 30-minute lessons each week in most instruments with our team of highly qualified teachers. All our teachers are very experienced teaching in the British style, with many having qualified in the UK. Pupils in Y10-13 can have lessons at a mutually convenient time.

There is an extra charge to take these lessons. If you would like to sign your child up, please scan this QR code.

If you have any questions, please email <u>music.shanghai@wellingtoncollege.cn</u>



Title: Japanese Culture
Category: Insight
Year groups: Y7-9 on Wednesdays.

The Japanese Culture CCA offers pupils an immersive experience of the vibrant traditions and customs of Japan. Through activities such as learning the basics of the Japanese language, practising calligraphy, exploring tea ceremonies and celebrating festivals, children will gain a deeper understanding and appreciation of Japanese culture. The club provides a welcoming environment for cultural exchange, fostering global awareness and enhancing pupils' knowledge and respect for Japan's rich heritage.

There may be an opportunity for Japanese guests to come and share their knowledge. Please email enrichment. shanghai@wellingtoncollege.cn if you are Japanese and would be interested in helping.

Please note that there will only be an introduction to the Japanese language, and this is not a language-learning class. This CCA may be less interesting for native Japanese speakers, although they are welcome to join.

Title: Jazz Dance Category: Arts

Year groups: Y6-13 on Mondays, Y3-6 on Wednesdays.

This CCA is suitable for those wishing to improve their dance skills to audition for our many productions. As well as the fundamental skills, pupils will be taught routines and set pieces from various shows as well as studying the choreography of influential figures such as Bob Fosse.

The CCA for Y6-13 on Mondays is suitable for pupils with experience in dance. It is not suitable for beginners.

Please note that taking part in this CCA does not guarantee a role in a production, which is through audition only. Leggings and a fitted dance top should be worn for this CCA along with jazz shoes.

Title: Ju Jitsu (Brazilian) Category: Sports

Year groups: Y1-2 on Tuesdays, Y4-6 on Thursdays and Y10-13 on Tuesdays

This CCA introduces children to the exciting world of Brazilian Jiu Jitsu (BJJ) in a fun and supportive environment. Children will learn basic BJJ techniques such as holds, rolls and submissions, focusing on balance, coordination and self-discipline. The classes are designed to build confidence, improve physical fitness and teach respect and teamwork.

Note that it may not be suitable for those who are advanced in Jiu Jitsu (please email <u>sports.shanghai@wellingtoncollege.cn</u> if you are unsure if the level will be suitable).

Jiu Jitsu is also offered as part of Wellington Extra. For more information, scan this QR code:



Title: Journalism Category: Insight Year groups: Y5-6 on Thursdays.

The Bullet Journalism Club CCA introduces pupils to the dynamic world of journalism through concise and impactful reporting. Pupils will learn to write brief, engaging news stories, covering school events, local news and global issues. The club emphasises clarity, accuracy and speed in reporting, helping pupils develop strong writing skills and an understanding of journalistic ethics. Through collaborative projects and real-world assignments, the club fosters critical thinking, creativity and a passion for keeping the community informed.

The children's work will be shared with you periodically, and some of the better work may be selected for inclusion in The Beacon, a publication entirely produced by pupils across the whole school.

Title: Junior Orchestra

Category: Arts (invitation only, but no audition)

Year groups: Open to all year groups, but most suitable for upper primary school and

lower secondary school. Tuesdays.

Wellington has three orchestras, and we do not hold auditions for any of them. It is important to find the right level of orchestra for each pupil.

Please note that the following instruments are in the mini sinfonia:

Strings: Violin, viola, cello, double bass, harp Woodwind: Oboe, flute, clarinet, bassoon Brass: French horn, trumpet, trombone, tuba Percussion: Timpani, tuned percussion

Please note that piano, drum kit and guitar are not orchestral instruments. Some instruments, such as viola, oboe, bassoon, French horn and tuba are 'endangered' instruments and qualify for discounted individual lessons. Please email music.shanghai@wellingtoncollege.cn for more details about this.

It is important to note the orchestra will give regular performances, which will require some additional mandatory rehearsals.

The level of our junior orchestra, which meets on Tuesdays, is intermediate and, as a guide, pupils should be around grade 3 level. We also need talented players in our junior orchestra, so some children will hold a leadership position in the junior orchestra before moving up to the senior orchestra on Mondays.

For those just starting, our Mini Sinfonia, which meets on Tuesdays too is an ideal place for string players to begin their orchestral journey.

Children who play wind instruments (even relative beginners) would most enjoy playing in the wind band which meets on Wednesdays. There are only a few positions for wind players in the orchestra and wind players should join the wind band.

We also have a guitar orchestra, for classical guitars, which meets on Tuesdays as well. Pupils who play Chinese instruments may be able to participate in our Chinese Poetry Choir on Wednesdays.

If you would like to play in one of our orchestras or wind band, please email music.shanghai@wellingtoncollege.cn and we can discuss which orchestra is most suitable.

Title: Karate
Category: Sports

Year groups: Y7-9 on Wednesdays.

In this CCA pupils can immerse themselves in the disciplined and empowering world of karate. This traditional martial art focuses on developing physical strength, mental resilience and self-defence skills.

Pupils will learn various techniques, including strikes, kicks, blocks and kata (forms). Training sessions emphasise discipline, respect and focus, fostering personal growth and confidence. As pupils progress, they will have opportunities to participate in belt advancements and demonstrate their skills in friendly sparring matches.

This is a good opportunity to build physical fitness, enhance self-discipline and become part of a supportive martial arts community.

Title: Kung Fu Category: Sport

Year groups: Y3-6 on Tuesdays.

The Kung Fu CCA offers a unique opportunity to develop physical fitness, self-discipline and mental focus through this traditional martial art.

Pupils will learn a variety of techniques, forms and self-defence skills. Training sessions will emphasise strength, flexibility, coordination and balance. As pupils progress, they will have the opportunity to showcase their skills through exciting performances, demonstrating their mastery and dedication.

They will embark on a journey of personal growth, cultural enrichment and dynamic physical training whilst unleashing their inner warrior.

Title: Leadership Programme Category: N/A

Year groups: Y3-6 on Wednesdays, 7-13 on Thursdays by invitation only.

These sessions are for those chosen for pupil leadership positions in the school. Information about how to apply for these positions will be shared with pupils at the start of the year. Please contact the head of year for more information.

Title: Maths Competition Category: Innovate

Year groups: Y5-6 on Tuesdays, and Y7-11 on Mondays by invitation only.

The school maths team is reserved for Wellington's most talented and dedicated mathematicians. Carefully selected based on their exceptional skills and problem-solving abilities, members of the team will represent Wellington

in prestigious national and international competitions. To be considered, pupils must demonstrate outstanding mathematical proficiency and a strong passion for the subject.

If your child is a high-achieving and enthusiastic mathematician, contact your child's maths teacher to express your interest.

Title: Medical Society Category: Innovate

Year groups: Y10-13 on Tuesdays.

The Medical Society is a dedicated CCA for pupils aspiring to pursue careers in medicine or related fields. This society offers a structured program designed to prepare members for university entrance and future medical studies. Through a range of activities, including guest lectures from healthcare professionals, hands-on workshops and discussions on current medical topics, pupils gain valuable insights and experience.

Note that pupils in Y10/11 should be prepared to work alongside older pupils and will be expected to be especially dedicated and able to engage with higher-level material.

Title: Minecraft Wellington/Hiba E-sports League
Category: Innovate

Year groups: Y7-9 on Tuesdays.

The Minecraft CCA offers pupils a creative and interactive space to explore the virtual world of Minecraft, a popular game that lets players build and adventure in an open, blocky universe. In this CCA, members will engage in directed tasks and challenges within the game and participate in off-screen activities that enhance their problem-solving and teamwork skills. Whether designing complex structures, embarking on epic quests or collaborating on group projects, the Minecraft CCA combines digital creativity with hands-on learning experiences.

Pupils will use the school version of Minecraft education, not their own copies/devices.

Title: Mini Sinfonia (Orchestra)

Category: Arts

Year groups: Open to all year groups, but most suitable for primary school. (Invitation only, but no audition) Tuesdays.

Wellington has three orchestras, and we do not hold auditions for any of them. It is important to find the right level of orchestra for each pupil.

Please note that the following instruments are in the mini sinfonia:

Strings: Violin, viola, cello, double bass

From time to time, we may ask some members of the wind band, which meets on Wednesdays, to join the mini sinfonia.

Please note that piano, drum kit and guitar are not orchestral instruments. Guitarists should join our guitar orchestra, which meets on Tuesdays and wind players should join our wind band which meets on Wednesdays. Pupils who play Chinese instruments may be able to participate in our Chinese Poetry Choir on Wednesdays.

Some instruments, such as viola, oboe, bassoon, French horn and tuba are 'endangered' instruments and qualify for discounted individual lessons. Please email music.shanghai@wellingtoncollege.cn for more details about this.

Note that although the mini sinfonia is for less advanced players, some children may benefit from a leadership position in the mini sinfonia before moving up to the junior orchestra. The two orchestras meet at the same time on Tuesdays.

Children will need to bring their own instruments into school on Tuesdays, which should be stored safely in the music department and not in classrooms.

If you would like to play in one of our orchestras or wind band, please email music.shanghai@wellingtoncollege.cn and we can discuss which orchestra is most suitable.

Title: National Geographic Society Category: Insight Year groups: Y7-9 on Mondays.

The National Geographic CCAs explore the wonders of our world through documentaries, articles and activities. Pupils will dive into topics such as wildlife, geography, history and science, fostering a sense of curiosity and global awareness. This CCA encourages critical thinking, environmental stewardship, and a passion for discovery.

Title: Netball
Category: Sport

Year groups: Y3-6 on Tuesdays and Thursdays

The Tuesday and Thursday CCAs are ideal for beginners and developing players eager to learn and improve their netball skills. Pupils will receive comprehensive guidance on basic techniques, game rules and teamwork through engaging drills and practice sessions.

Title: Orchestra (Senior)

Category: Arts (invitation only, but no audition)

Year groups: Open to all year groups, but most suitable for secondary school. Mondays.

Wellington has three orchestras, and we do not hold auditions for any of them. It is important to find the right level of orchestra for each pupil.

Please note that the following instruments are in the orchestra:

Strings: Violin, viola, cello, double bass, harp Woodwind: Flute, clarinet, oboe, bassoon Brass: French horn, trumpet, trombone, tuba Percussion: Timpani, mallet percussion

Please note that piano, drum kit and guitar are not orchestral instruments.

It is important to note the orchestra will give regular performances, which will require some additional rehearsals.

Some instruments, such as viola, oboe, bassoon, French horn and tuba are 'endangered' instruments and qualify for discounted individual lessons. Please email music.shanghai@wellingtoncollege.cn for more details about this.

The level of our senior orchestra, which meets on Monday, is quite high and, as a guide, pupils should be around grade 5 level or above and most likely be in secondary school. We also need talented players in our junior orchestra on Tuesdays.

For those just starting, our Mini Sinfonia, which meets on Tuesdays too is an ideal place for string players to begin their orchestral journey.

Children who play wind instruments (even relative beginners) would most enjoy playing in the wind band which meets on Wednesdays. We have a classical guitar orchestra which meets on Tuesdays and those who play Chinese instruments may be able to participate in our Chinese Poetry Choir on Wednesdays.

If you would like to play in one of our orchestras or wind band, please email music.shanghai@wellingtoncollege.cn and we can discuss which orchestra is most suitable.

Title: Origami Category: Arts

Year groups: Y7-9 on Mondays.

Origami is the popular Japanese art of paper folding. This is an opportunity to develop a skill for life which combines mathematical thinking and artistic creativity with mindfulness.

This CCA is suitable for those with mathematical tendencies who wish to explore something creative. It is also an interesting and slightly unusual skill to make a CV stand out as well as something to entertain people with.

Title: Physics Olympiad Category: Innovate

Year groups: Y9-13 on Tuesdays.

The British Physics Olympiad (BPhO) is a prestigious competition that challenges students to test their physics knowledge and problem-solving skills. Designed for secondary school pupils with a keen interest in physics, the Olympiad features a series of rigorous tests that cover a wide range of topics, from fundamental principles to advanced concepts. Participants engage in complex problems that require both theoretical understanding and practical application. The BPhO provides a platform for students to showcase their talent, compete at a national level and gain recognition for their achievements in the field of physics.

There are different age categories for the competition. Pupils in Y10-13 should be studying physics.

Title: Photography
Category: Arts

Year groups: Y3-5 on Mondays.

Using iPads, pupils will learn the basics of digital photography. They will learn important elements of photography such as aspect, composition and perspective as they build a portfolio which can be shared and displayed. This CCA is suitable for those children wishing to develop their artistic skills whilst harnessing technology.

Title: Podcast Studio Category: Arts

Year groups: Y5-6 on Wednesdays, Y3-4 on Thursdays.

In this CCA, children will learn to create, record and edit their own podcasts, exploring topics of interest and developing storytelling skills. The CCA encourages creativity, teamwork and communication, as pupils share their voices and ideas with a broader audience. Through hands-on activities, they gain technical skills and confidence in expressing themselves, making it a fun and educational experience.

As well as planning the material, pupils will also learn about some of the technical aspects of podcasting and how to record and edit their recordings. These podcasts will then be shared with a wider audience, including parents.

Pupils are encouraged to choose their own topics on which to podcast, and they could be in languages other than English.

Title: Production Category: Arts

Year groups: Y3-4 on Mondays, Y5-6 on Thursdays by invitation only.

This CCA is for those children wishing to develop their skills for productions which will happen later in the year. It will incorporate some of the same skills as the Story Book Drama CCA on Tuesdays and Wednesdays, but with some singing and dancing as is required in a musical production.

Note that all auditions are held for all productions and participation in this CCA does not guarantee a place in a production, however, it will help refine the skills needed.

Title: Psychology Competition

Category: Insight

Year groups: Y10-13 on Thursdays, by invitation only.

This is an opportunity for pupils in exam years to enter psychology competitions. Pupils should talk to their psychology teacher or tutor if they would like to be involved.

Title: Public Speaking

Category: Arts

Year groups: Y5-6 on Mondays, Y3-4 on Tuesdays, Y7-9 on Wednesdays.

This popular CCA will help children develop their confidence in speaking in front of others. We work with the Spotlight Theatre School to deliver these sessions and children will have the opportunity to take LAMDA exams. Learn more about the London Academy of Music and Dramatic Arts (LAMDA) on their website https://www.lamda.ac.uk/

Please note that spaces for this popular CCA are automatically allocated.

Should you wish your child to do more public speaking or if the CCA is full, then Spotlight offers public speaking as part of Wellington Extra on Saturday mornings as a paid extra. This is also open to secondary school children. You can register with Spotlight, by scanning this QR code:



Title: Rock Bands
Category: Arts

Year groups: Y6-13 by invitation only, on Tuesdays and Thursdays (other days by

appointment)

Wellington has many rock bands, and each year new ones are formed. The following instruments are common in rock bands:

- Voice
- Electric Guitar
- Bass Guitar
- Keyboards
- Drum Kit

We also offer individual music lessons in each of these instruments, please see the 'individual music lessons' section for more details and to sign up. It would be highly advisable to have individual lessons.

We will hold a lunchtime meeting at the start of the term for those interested in being in bands. If you would like to register your interest, please complete this QR code:

Anonymity's winning performance in Shanghai's Battle of the Bands 2024.





Title: Rugby Category: Sport

Year groups: Y4-6 on Mondays, Y9-13 on Tuesdays by invitation, Y7-8 on Wednesdays.

The Wellington rugby program offers a dynamic and inclusive environment where pupils can develop their rugby skills, teamwork and sportsmanship.

For pupils in Years 4-8 (on Mondays and Wednesdays), we focus on touch rugby, a non-contact version of the game. In touch rugby, players aim to touch their opponents using their hands to stop play, making it a safer and more accessible introduction to the sport.

Pupils in Years 9-13 (on Tuesdays) progress to contact rugby, which includes tackling and physical contests for possession of the ball. This version of the game emphasises strength, strategy and resilience, providing an exhilarating and challenging experience.

As well as internal games, we hope to play against other school teams.

Rugby is also offered as part of Wellington Extra. For more information, scan this QR code:



Title: Saving the World with Science Category: Innovate

Year groups: Y7-9 on Thursdays.

In this CCA pupils will consider how we can save the planet using science skills. How is water made safe to drink? How can we feed everyone in the world? How do we tackle natural disasters? Science, of course, has all the answers and pupils will undertake projects and experiments based on real-world issues.

Title: Solution Society
Category: Insight
Year groups: Y1-2 on Tuesdays.

Solution Society is a fun and engaging CCA where children come together to solve puzzles, play logic games and tackle intriguing challenges. Pupils enjoy exploring patterns, finding creative solutions, and developing problem-solving skills in a supportive environment. This CCA encourages curiosity, critical thinking and a love for discovering how things work.

Title: Spanish Culture Category: Insight

Year groups: Y4-6 on Mondays, Y7-9 on Wednesdays.

Children will explore various aspects of Spanish culture from around the world. This CCA immerses pupils in the rich traditions and customs of Spanish-speaking countries. Members explore Spanish cuisine, music, dance and festivals through interactive activities and cultural projects.

Please note that there will only be an introduction to the Spanish language, and this is not a language-learning class. The hope is to instill a love of Spanish culture and encourage further study of the Spanish language.

This CCA may be less interesting for native Spanish speakers, although they are welcome to join.

Title: Stage Makeup Category: Arts

Year groups: Y7-9 on Tuesdays.

In this CCA pupils will learn the basic skills involved in theatrical stage makeup.

It is an expectation that those taking part in this CCA will do the makeup for productions happening in that term and so this CCA is less suitable for those who will be performing on stage in a production.

Please note that this CCA may not be suitable for those with particularly sensitive skin, and you should expect your child to return home on Tuesdays with makeup on.

Title: Starcraft
Category: Innovate

Year groups: Y10-13 on Mondays.

In this CCA pupils immerse themselves in the strategic world of Starcraft, a popular real-time strategy game where players command armies, build bases and engage in tactical battles across a futuristic galaxy. In this club, pupils will refine their strategic thinking, teamwork and game skills while participating in friendly competitions and discussions. Whether a seasoned player or new to the game, the Starcraft CCA offers a collaborative environment to develop strategies and enjoy the excitement of interstellar warfare.

Title: Story Telling Category: Arts Year groups: Y1-2 on Tuesdays.

Pupils will be introduced to exciting stories and fairy tales from a range of sources and stimulate their creativity by coming up with their own plots. They will be encouraged to share their ideas with others and will learn how to present stories in a confident and captivating way.

Pupils in Y3-4 can develop similar skills in the storybook drama CCA, also on Tuesdays. These are excellent CCAs for children wishing to develop their drama skills to audition for productions.

Title: Story Book Drama

Category: Arts

Year groups: Y3-4 on Tuesdays, Y5-6 on Wednesdays.

This CCA follows on from the lower primary CCA 'Story Telling' whereby children explore ways to bring stories to life. As well as investigating how stories are crafted, children will also be able to write their own tales.

This is an excellent CCA for those wishing to improve their drama skills to audition for productions.

Title: Swimming - Learn to Swim

Category: Sports

Year groups: Y3-6 Monday to Thursday, Y1-2 on Tuesdays.

If your child is anxious around water, this CCA is suitable for them. It is also suitable for those children who are unable to swim. Your child's PE teacher may recommend that they attend this CCA. If you are unsure if this is a suitable CCA for your child, please email sports.shanghai@wellingtoncollege.cn

Title: Swim Squad Category: Sports

Year groups: Y3-13 Monday to Thursday.

Swim Squad Bronze is open to all pupils who can already swim and they train in CCA time. If you are unsure if your child is ready for Bronze squad training or you feel they should be considered for the Silver or Gold squads, please email sports.shanghai@wellingtoncollege.cn

Pupils are invited to join the Silver and Gold squads, which train outside of school hours (before school or at 5pm).

Title: Table Tennis
Category: Sports

Year groups: Mondays, Secondary School recreational. Tuesdays, Thursdays team

training, by invitation only. Wednesdays, Y4-6 recreational.

On Mondays, Wednesdays and Thursdays the CCA offers a fun and relaxed environment for pupils to learn and enjoy the game of table tennis. Whether you're new to the sport or looking to improve your skills, this club provides guidance on basic techniques, including grip, serves and returns. Pupils will participate in friendly matches and engaging drills, developing their coordination and reflexes.

Tuesdays are team training by invitation only. If your child is interested in competitive table tennis, please email sports.shanghai@wellingtoncollege.cn

Title: Tennis Foundations (Racket Games)
Category: Sports
Year groups: Y1-2 on Tuesdays.

This CCA is perfect for pupils who want to learn the basics of racket sports as a foundation for future tennis skills (as most children are too small to hold real tennis rackets). In this CCA, children engage in fun activities that develop essential skills such as hand-eye coordination, grip techniques and basic strokes. Through a variety of racket games and exercises, pupils build their confidence and agility while having a great time. It provides a supportive environment where young players can start their journey in racket sports, preparing them for more advanced tennis training.

Tennis training for all ages and abilities is offered as a paid extra as part of Wellington Extra in the evenings and at weekends. To sign up for this, please scan this QR code:



Title: Tennis
Category: Sports

Year groups: Mondays, Y6-12 beginners. Tuesdays, team training, by invitation only.

Wednesdays, Y8-9 beginners. Thursdays, Y3-5 beginners.

Description: The Monday, Wednesday and Thursday CCAs are the perfect opportunity for pupils new to tennis and eager to learn the basics. In this CCA, children will be introduced to fundamental skills such as grip, stance and basic strokes through fun and engaging drills. With a focus on building coordination, confidence and a love for the game, pupils will enjoy friendly matches and supportive coaching in a relaxed environment.

Tuesdays are reserved for more advanced players. If your child is an experienced player and you would like them to be considered for competitive tennis, please email sports.shanghai@wellingtoncollege.cn

Tennis training for all ages and abilities is offered as a paid extra as part of Wellington Extra in the evenings and at weekends. To sign up for this, please scan this QR code:



Title: Textiles
Category: Arts

Year groups: All secondary on Mondays and Y7-9 on Wednesdays.

In this CCA pupils can expect to learn the basics of needlework. There will be some flexibility to explore a range of other projects such as crochet, knitting, clothes and soft toy making. Where applicable, pupils will be trained to use a sewing machine.

This is an ideal CCA for pupils to learn essential life skills related to sewing as well as using fabric and other textiles to stimulate their creativity.

Title: The Beacon Category: Insight

Year groups: Y7-13 on Thursdays.

The Beacon is the Wellington pupil publication. This vibrant magazine features a diverse range of content, including news, opinion pieces, creative writing, artwork and photography. It stands for:

B logs

E essays

A rticles

C reative

O thers N ews

Managed and produced entirely by pupils, The Beacon reflects the unique perspectives and talents within the school community. Each issue aims to inform, inspire and engage readers by showcasing the latest school events, highlighting achievements and exploring relevant social and cultural topics.

Title: Ultimate Frisbee Category: Sports

Year groups: Y10-13 on Wednesdays.

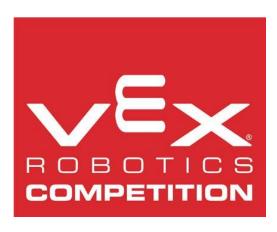
Dive into the fast-paced world of Ultimate Frisbee with this CCA. Ultimate Frisbee combines elements of soccer, basketball and American football, offering a unique and dynamic team sport experience. In this CCA, pupils will learn the fundamentals of throwing, catching and strategic play. Emphasis is placed on teamwork, the spirit of the game and fair play. Through weekly training sessions and friendly matches, pupils will develop their agility, coordination and cardiovascular fitness.

Title: VEX Robotics Category: Innovate

Year groups: Y3-4 on Wednesdays.

In this CCA pupils dive into the exciting world of robotics through hands-on activities and collaborative projects. They will start by learning the basics of robot design and programming using VEX kits. Working in teams, they brainstorm, build and program their own robots, continually testing and refining their creations. This CCA features various challenges that simulate real competition tasks, encouraging problem-solving and innovation. Pupils develop technical skills and teamwork, all while having fun and exploring STEM concepts.

For more information, see https://www.vexrobotics.com/



Title: VEX Robotics Competition

Category: Innovate

Year groups: Y7-9 on Tuesdays, Y9-12 on Wednesdays.

The VEX Robotics Competition allows pupils to engage in the thrilling world of robotics. In this CCA, pupils will design, build and program robots to compete in the VEX Challenge, an international competition that tests teams' skills in robot design, programming and teamwork. The competition involves creating robots to complete specific tasks and overcome obstacles on a game field, encouraging innovation and strategic thinking. Pupils work collaboratively to tackle engineering challenges and prepare for exciting regional and national events.

Pupils will be expected to commit to the team and attend competitions outside of school time. For more information, see https://www.vexrobotics.com/

Title: Volleyball Category: Sport

Year groups: Team training on Mondays and Wednesdays by invitation only.

The Volleyball CCA offers an inclusive environment where players of all skill levels can develop their volleyball abilities, teamwork and love for the sport. These sessions focus on refining skills such as serving, setting, spiking and blocking, with practice matches and strategic drills to enhance physical fitness and game understanding.

Title: Warhammer Category: Insight

Year groups: Y7-13 on Wednesdays.

The Warhammer CCA welcomes students who are passionate about strategy, creativity and tabletop gaming. Pupils will engage in building and painting miniatures, crafting elaborate battle scenarios and playing epic Warhammer games. The CCA promotes strategic thinking, teamwork and artistic skills, offering a fun and immersive environment for enthusiasts to connect and share their love for the Warhammer universe.

Pupils should be familiar with Warhammer and should be passionate about it. New members are welcome, but they are expected to be active and enthusiastic as this CCA is very popular and places are limited.

What is Warhammer? It is a popular tabletop wargame series created by Games Workshop, featuring miniature models and strategic gameplay. In Warhammer, players build and paint detailed miniature armies, then engage in tactical battles on a tabletop battlefield. The game is set in rich, fantastical universes, including the dark and gothic Warhammer 40,000 and the high-fantasy Warhammer Age of Sigmar. Players use dice, rules and tactical planning to outmanoeuvre their opponents and achieve victory.

Title: Wind Band Category: Arts

Year groups: Y3-13 on Wednesdays.

The wind band is an ensemble just for wind instruments. The instruments in the wind band are:

Woodwind: Flute, clarinet, oboe, saxophone, bassoon.

Brass: Trumpet, French horn, trombone, baritone/euphonium, tuba

Percussion: Drums (various)

If you play a wind instrument, then the wind band is the perfect ensemble to develop your musical skills. There are a range of parts to suit all levels, so even if you are just starting then there will be parts you can play.

Most of the repertoire that the wind band plays is popular music and it is quite common for the wind band to play at sporting events, so they have the most performance opportunities of any of our musical ensembles.

If you play the drum kit, then the wind band is a great place to explore different types of percussion instruments and to practice reading music.

Some of the instruments in the wind band are 'endangered' instruments, such as the oboe, bassoon, French Horn and tuba. There is a programme in place with discounted lessons for these instruments. Email music.shanghai@ wellingtoncollege.cn for details.

If you are just starting lessons and you practice hard, you may be able to join the wind band after as little as one term (possibly sooner for certain instruments).

Title: Yoga Category: Sports

Year groups: Y3-6 on Wednesdays.

In this CCA pupils can cultivate physical wellness and mental tranquility. The program combines the practice of yoga with meditation, offering a holistic approach to health and wellbeing.

Pupils will learn various yoga poses and sequences that enhance flexibility, strength and balance. Each session includes guided meditation and mindfulness exercises, helping pupils develop focus, relaxation and stress management skills.

Whether you are new to yoga and meditation or have previous experience, this CCA provides a supportive and calming environment for all to find inner peace!

Affiliated CCA Programme

Monday-Thursday
Collected from school at 3:15pm
Parental pickup from the activity venue
Sign-up directly with the vendors via the QR codes

Title: Archery
Category: Sports

Year groups: Y3-13 on Tuesdays (other days may be possible).

Children can discover the ancient and exciting sport of archery. In this program, they will learn the fundamentals of archery, including proper stance, aiming techniques and bow handling.

Sessions focus on developing precision, concentration and control, providing a supportive environment for pupils to improve their skills. Safety is a top priority, with all necessary equipment provided and experienced instructors guiding each session in English or Chinese.

Children will be collected from school at 3:15pm and will need to be picked up at 5pm from Yang Gong Archery, B1-3 One East Plaza, 788 South Zhongshan 1st Road, Huangpu.

For more information and pricing, please scan this QR code:



Title: Fencing
Category: Sports

Year groups: Y1-13 Mondays and Wednesdays (other days may be possible).

This program introduces pupils to the art of fencing, a dynamic sport that combines agility, strategy and precision. Fencing is a sophisticated and fast-paced sport that involves combat with three types of weapons: the foil, épée and sabre. Fencing emphasises quick reflexes, tactical thinking and physical fitness, making it both an elegant and exhilarating sport. It combines elements of sport and art, where technique and grace play crucial roles in

outmanoeuvring opponents and achieving victory. Each session is designed to develop skills, enhance coordination and foster a competitive spirit.

Children will be collected from school at 3:15pm and will need to be picked up at 5:30pm from No. 169 Yuanzhao Road, Pudong new disctric, Shanghai.

For more information and pricing, please scan this QR code:





Title: Golf
Category: Sports

Year groups: Y1-13 on Thursdays.

Once pupils have completed the golf for beginners CCA, it is recommended to continue their training at the 18-hole Tomson golf course with Cindy Reid, who also trains the Wellington Golf Team.

Pupils will be taken directly to the golf course at 3:15pm and will need to be picked up from Tomson Golf Course (the collection time will vary, depending on the length of session needed).

For more information and to sign up, please scan this QR code:



Title: Horse Riding Category: Sports

Year groups: Y1-13 Monday and Thursday (discuss the most suitable day with the vendor).

Experience the joy of horseback riding with Premiership Experience. This program offers pupils the chance to learn and refine their riding skills in a supportive and engaging environment.

Riding sessions take place at Jay's Ranch, located at No. 1200, Changqing Road, Pudong New Area. Parents will need to discuss and confirm the most suitable day for lessons with the vendor to ensure a seamless experience. Children will be picked up from school by the vendor at 3.15pm. After sessions, children will need to be picked up from the ranch.

The pickup time will depend on the level of the child.

For more information and pricing, please scan this QR code:





Title: Ice Skating Category: Sports

Year groups: Y3-13 on Tuesdays.

This program offers pupils the chance to learn and refine their ice-skating skills in a fun and supportive environment.

Pupils will receive instruction on essential techniques such as balance, gliding, turning and stopping. Sessions are designed to build confidence, coordination and strength on the ice, catering to skaters of all levels from beginners upwards. Safety and enjoyment are our top priorities, with experienced instructors guiding each session in English.

Equipment can be provided, but it is recommended to buy.

Children are collected from school at 3:15pm and need to be picked up at 5pm from Feiyang Skating-1st Floor, Sanlin Sports Center, No. 201, Yunlian Road, Zhoujiadu Street, Pudong New Area.

For more information and pricing, please scan this QR code:



Title: Karting (Go-Karting)

Category: Sports

Year groups: Pupils need to be around 130cm high. The sessions are on Tuesdays (other

days may be negotiated).

Wellington has an excellent affiliation with the nearby GPKS Karting. Children will experience the thrill of riding go-karts while also learning essential racing theory. This program is designed for children around 130cm tall to ensure they are suitable for the karts.

Children will be picked up by the vendor from school at 3:15pm and will need to be collected from No. 50 Yongyao Road, Pudong New District (near the school). Go-karting combines fun, excitement and education, providing a fantastic opportunity to develop driving skills and racing knowledge in a safe and controlled environment.

For more information and pricing, please contact through Wechat: 186 1678 6217

Title: Kayaking Category: Sports

Year groups: Y3-13 on Wednesdays (other days may be possible).

Kayaking is a popular water sport where participants paddle a small, narrow boat called a kayak, using a double-bladed paddle. It's an excellent way to explore waterways, build physical fitness and enjoy nature.

In our Kayaking CCA, pupils will learn essential kayaking techniques, including paddling, steering and safety procedures, under the guidance of experienced instructors. Sessions will focus on developing strength, coordination and confidence on the water. All necessary equipment is provided to ensure a safe and enjoyable experience for everyone.

All equipment is provided, and children will be picked up from school at 3.15pm. They will need to be collected from Shibo - Hangjia Water Sports Base-No. 1500 Yaolong Road, Pudong New Area (right next to the school) at 4:45pm.

Indoor sessions will be provided if the weather is not suitable for kayaking. For more information and pricing, please scan this QR code:



Title: Rock Climbing Category: Sports

Year groups: Y1-13 on Thursdays.

Pupils will learn essential climbing techniques, including proper grip, footwork and body positioning, under the guidance of experienced instructors. Sessions are designed to build physical fitness, agility and confidence in a safe and supportive environment. All necessary equipment is provided, ensuring a fun and secure climbing experience.

All equipment is provided, and children will be picked up from school at 3:15pm. They will need to be collected from Oriental Sports Centre (No. 701 Yaoti Road, Pudong New Area, Gate 13, Oriental Sports Centre Swimming Pool Rear Area) at 5pm.

For more information and pricing, please scan this QR code:



Title: Skiing Category: Sports

Year groups: All ages, Mondays and/or Wednesdays (other days can be negotiated).

Travel to the snow dome on weekends can also be arranged.

During CCA times, children will train on state-of-the-art ski simulators at nearby Crystal Plaza, perfecting their technique in a safe and controlled environment.

On weekends, pupils will have the exciting opportunity to travel to the newly built 'Ice and Snow Star' indoor ski facility. Here, they can apply their skills on real snow and experience the true essence of skiing.

All necessary equipment is provided, ensuring a seamless and enjoyable experience for everyone. This is the ideal place to develop your skills, gain confidence and have fun both on simulators and in real snow. For more information and pricing, please scan this QR code:



If you want to learn more about the Wellington Extra Programme, please scan the below QR code for information.



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to serve and help shape
a better world.